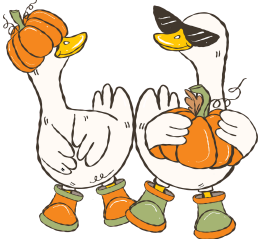
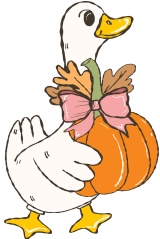


October 2025

Kindergarten Readiness



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Trying New Things: Kids learn when they try new things, even if it feels hard. Invite your child to taste a new food, join a game, or finish a tough puzzle. Say, “I like how you kept trying!” Praise their effort, not just the answer. This helps kids feel brave and know mistakes are part of learning.			1 Go on a leaf hunt. Sort leaves by color or size.	2 Practice zipping jackets or buttoning shirts. Self-help skills are important!	3 Clap out the syllables in “pump-kin,” “scare-crow,” and “can-dy.”	4 Go to your local library and check out October’s books!
5 Build a tower with blocks. Count how many before it falls.	6 Act out animals that come out at night (owl, bat, raccoon).	7 Sing a rhyming song (make up silly verses).	8 Draw a jack-o’-lantern face with different shapes (circle eyes, triangle nose)	9 Sing the “If You’re a Pumpkin” Song (Words are on the back.)	10 Ghost Breaths: Inhale, then exhale saying “whooooo” like a ghost.”	11 Play “Freeze Dance” with Halloween music.
12 Build a fort with pillows or blankets and “read” inside it.	13 Make patterns with two different items.	14 Make pumpkins or letters from playdough, then practice cutting it with scissors.	15 Count steps as you walk up or down stairs.	16 Tell a silly story together, each person adds one sentence.	17 Help your child solve problems by asking, ‘What could we try?’ instead of giving the answer.	18 Draw a picture of your family and label each person’s name.
19 Line up snacks (grapes, crackers) to make a pattern.	20 Dress up, pretend, and role-play with costumes. Pretend play is GREAT!	21 Sing the “Flutter, Flutter” (Words are on the back)	22 Let your child try first! Step back and give them time before jumping in to help.	23 Practice opening snack bags or lunch containers by yourself.	24 Practice pouring water into a cup without spilling.	25 Hop on one foot 10 times, then switch to the other foot.
26 Plan a playdate with a friend. Playing together helps you practice being a good friend!	27 Pretend to be a robot and follow 2-step directions, like ‘clap then sit.’	28 Line up toys from shortest to tallest.	29 Practice cutting paper or junk mail with safety scissors.	30 Name feelings out loud for your child: “You’re sad because playtime ended.”	31 Candle Breaths: Hold up 3 fingers. Breathe in, then blow out one candle at a time	

"Fall into Words!"

This month, notice all the new fall words your child sees and hears: pumpkin, leaf, scarecrow, costume. Saying the names of things helps kids learn new words. Hearing words in different places also helps kids remember and use them. Point out letters on candy wrappers, signs, or library books to make reading fun and playful.

IF YOU'RE A PUMPKIN

Sung to: "If You're Happy and your Know It"

If you're happy pumpkin and you know it, clap your hands (x 2)
(clap, clap)

If you're a happy pumpkin and your know it, then your smile will surely show it, (SMILE!)

If you're a happy pumpkin and you know it, clap your hands! (clap, clap)

Repeat with different feelings:

- **Sleepy pumpkin** - yawn & stretch
- **Silly pumpkin**- make a silly face
- **Brave pumpkin**- put hands on hips like a superhero
- **Sad pumpkin**- pout and cry



FLUTTER, FLUTTER, LITTLE BAT

Sung to: "Twinkle, Twinkle Little Star"

Flutter, flutter, little bat *(Flap arms like wings)*

How I wonder where you're at *(Look around with hands above eyes)*

Flying here and flying there *(move arms side to side)*

Through the cool October air. *(Wrap arms around self like you're cold)*

Flutter, flutter, little bat *(flap arms like wings)*

Now I know just where you're at! *(point to a friend and smile!)*



Books to Read this Month

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

FOR READERS AGES 0-3

Peek-a-Who?
by Nina Laden

Baby Loves Fall!
by Karen Katz

FOR READERS AGES 3+

Room On The Broom
by Julie Donaldson

The Leaf Thief
by Alice Hemming

