

May 2026

Kindergarten Readiness



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Helping Children Play With Others

Young children are learning how to play with others. Skills like sharing, taking turns, and using kind words take time and practice. Give your child chances to play with other children. You can model simple words like, "Can I play?" or "Your turn." Help them solve small problems. If there is a conflict, stay calm and guide them to talk it out. Praise their efforts. You can say, "You shared your toy," or "You waited your turn." When children practice playing with others, they build strong social skills that help them make friends and feel confident at school.

1
Go on a flower color hunt. Name the colors you see.

2
Visit your local library and check out May's books!

3
Build a small house for a toy using blocks or boxes.

4
Find things that start with /b/ like bug, ball, bird.

5
Sing "I'm a Little Seed" – Words on the back!

6
Draw a flower using lines and circles.

7
Take turns rolling a ball. Say: "My turn" / "Your turn."

8
Think of words that rhyme with sun.

9
Go on a listening walk. What sounds do you hear?

10
Practice watering a plant. Ask: What helps it grow?

11
Build a garden for a toy using blocks or sticks.

12
Trace your name in dirt, sand, or with chalk.

13
Take 5 flower breaths (inhale like smelling a flower, blow like wind).

14
Sort items by big/small or long/short.

15
Sing "Here is the Beehive" - Words on the back!

16
Tell a story about a busy bee.

17
Find things that start with /s/ like sun, sand, slide.

18
Make a pattern: clap, tap, clap, tap.

19
Tear paper to make a sun or flower collage.

20
Talk about a time you felt proud.

21
Build a bridge for a bug or toy. Does it hold?

22
Play "What's missing?" with 3 objects.

23
Hop like a frog and count each jump.

24 / 31
Celebrate! What did you learn this month?

25
Help set the table. Count plates and cups.

26
Write the first letter of your name (any way you can!).

27
Practice waiting: Count to 10 before your turn.

28
Go on a nature scavenger hunt (leaf, stick, rock).

29
Talk about feelings: What helps when you feel sad or mad?

30
Draw your favorite part of spring. Tell about it.

Play With Sounds All Day Long

Reading starts with hearing sounds. Before children read words, they learn to hear sounds in words. Try this during your day—at home, in the car, or outside:

- “Sun starts with /s/. What else starts like that?”
- “Do bee and tree sound the same at the end?”
- Stretch sounds: “sssssun”
- Clap parts in words: “but-ter-fly”

Keep it fun and simple. Talking and playing with sounds helps children become strong readers.

I’M A LITTLE SEED

(TUNE: I’M A LITTLE TEAPOT)

I’m a little seed in the ground,
(crouch down)

Waiting for the sun around.
(look up)

Rain falls down, I start to grow,
(wiggle fingers like rain, then up)

Up, up, up I go!
(slowly stand tall)

Leaves stretch out to say hello,
(stretch arms wide)

Feel the warm sun’s gentle glow.
(reach up high)

Growing taller every day,
(stand on tiptoes)

Watch me bloom in bright display!
(big stretch and smile)



HERE IS THE BEEHIVE

Here is the beehive,
(make a fist)

Where are the bees?

Hidden inside where nobody sees.

They’re sleeping and resting all cozy and tight,
(rock fist gently)

Soon they’ll wake up and take their first flight.

Watch and you’ll see them come out of the
hive— One, two, three, four, five!

(pop out fingers one at a time)

They buzz through the flowers, then back they
will go,

(wiggle fingers around like flying)

Making sweet honey—slow, slow, slow.

Bzzzzzz!

(wiggle fingers all around)

Books to Read this Month

Check out these books at the library.
If they are not available, ask the
librarian for a recommendation.

FOR READERS AGES 0–3

When Moon Blooms
by Aida Salazar

The Very Hungry Caterpillar Eats Breakfast
by Eric Carle

FOR READERS AGES 3+

Here We Are
by Oliver Jeffers

The Story of Ferdinand
by Munro Leaf

