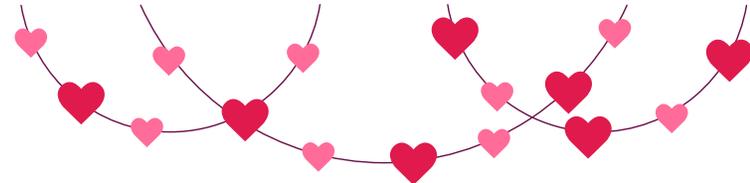


# February 2026

## Kindergarten Readiness



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Go on a "Shape search." Find objects that are in the shape of a circle, square, triangle, and diamond.	2 Count your steps as you walk from one room to another. Which walk was longer?	3 Clap and count the syllables in family names (ex: Par-ker).	4 Practice deep breathing: "Smell the cocoa... blow the steam."	5 Draw a picture of someone you love. Tell them why they are special.	6 Cut small strips of paper to make pretend "snow."	7 Visit your local library and check out winter books.
8 Go on a "sign hunt." Look for letters or numbers on signs.	9 Act out a winter story using scarves, pillows, or stuffed animals.	10 Write your name in "snow" using salt or sugar on a tray.	11 Build a ramp and roll toys down it. Which one goes fastest?	12 Sing <b>"Snow Day Stretch."</b> (Words are on the back.)	13 Read a favorite book. Ask, "What do you think will happen next?"	14 Create a cozy corner with a blanket, stuffed animal, and favorite book.
15 Make paper snowflakes. Fold and cut to create fun designs.	16 Rhyme time! Think of words that rhyme with tree, snow, or light.	17 Talk about a family tradition. Draw a picture of it.	18 Build a bridge for toy animals using items around your home.	19 Play <b>"Silly Snow Day."</b> Dance to music and freeze when it stops.	20 Spread cheer! Make a simple note or picture for someone else.	21 Practice putting on winter gear—zippers, hats, mittens. Say: "Try it first. I'm right here."
22 Go on a <b>Winter Color Hunt.</b> Can you find red, green, silver, or blue?	23 Play pretend "gift shop." Take turns buying and selling toys.	24 Read a favorite book. What if the story ended a different way? Make up your own ending.	25 Practice gratitude. Ask: "What made you smile today?"	26 Take turns telling a silly story—one sentence at a time.	27 Practice writing or tracing the first letter of your child's name.	28 Build a tall "tree" using cups, blocks, or recycled boxes.

### Growing Independence & Confidence

Children learn best when they are given chances to try things on their own. Simple tasks like putting on a coat, cleaning up toys, or making a choice help children build confidence and problem-solving skills. It's okay if things take longer or don't work the first time. Encouraging your child to try, make mistakes, and try again helps them learn persistence. Helpful phrases like "You can try first," or "I'm here if you need help" support independence while letting your child know they are not alone.

## Talk, Predict, and Tell Stories

Children build early reading skills when they talk about stories. Before you read, look at the cover and ask what your child thinks the story might be about. While reading, pause and wonder together what could happen next. After the story, invite your child to retell their favorite part. These simple conversations build vocabulary, comprehension, and confidence, key skills for learning to read.

### SNOW DAY STRETCH LAKES

**Reach up high like falling snow,**  
(stretch arms up)

**Touch your toes down low, low, low.**  
(bend down)

**Twist and turn, then stand up tall,**  
(twist body, stand)

**My body's ready—I can do it all!**  
(strong pose)

### SILLY SNOW DAY

**Silly Snow Day**

**Snow on my nose,** (tap nose)

**Snow on my toes,** (wiggle toes)

**Snow on my head** (pat head)

**Uh oh! I slipped and... fell!**

(gentle fall or squat)

**Shake it off,** (shake whole body)

**Laugh and play,** (big smile)

**Snowy sillies saved the day!**

(hands up, cheer)

# Books to Read this Month

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Check out these books at the library.  
If they are not available, ask the  
librarian for a recommendation.

### FOR READERS AGES 0–3

***Dream Big, Little One***  
*by Vashti Harrison*

***Tiny T. Rex and the Perfect Valentine***  
*by Jonathan Stutzman*

### FOR READERS AGES 3+

***Respect: A Children's Picture Book***  
*by Otis Redding*

***Heartfelt***  
*by Elaine Vickers*

